

Sports Premium Report – Strategic Plan

September 2022- July 2023



LONDON COLNEY PRIMARY AND NURSERY SCHOOL

Purpose of the Grant

- To develop or add to the PE and sport activities that your school already offers.
- To build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.
- To improve the provision of PE and sport so that all pupils develop healthy lifestyles.

The funding is received in two instalments, the first is October and the second funding allocation in April.

Objectives and Principles

At London Colney Primary School, our aim is to develop a PE curriculum that is designed to teach children skills that will have a positive impact on their future health and wellbeing. We aim to deliver inclusive, high-quality teaching and learning opportunities that inspire all children to develop the competence to excel in a broad range of physical activities. We want to teach children how to co-operate and collaborate with others, as part of a team, understanding fairness and equality of play to embed life-long values. Swimming and water safety are important life skills and we aspire for all children to leave primary school being able to swim at least 25 metres.

We want our children to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing now and for their future. Physical fitness is an important part of leading a healthier, active lifestyle. It teaches self-discipline and that to be successful you must work hard, show resilience and have the determination to believe that anything can be achieved. We want our children to be able to be physically active for sustained periods of time. We hope children enjoy PE and develop a love of sport, and physical activity, that they pursue outside of school and in future life beyond primary school.

The funding will develop a programme that includes:

- ✓ High quality physical education, as part of the curriculum, including knowledge and understanding of a healthy lifestyle.
- ✓ Support from Herts PE Team for teachers to develop sports practice and confidence in delivering PE and sports lessons.
- ✓ Wider range of extracurricular clubs.
- ✓ Structured playtimes and lunchtime activities to encourage participation and promote healthy well-being.
- ✓ Entering different leagues, festivals, sports tournaments and competitions organised by Herts PE Teams.
- ✓ Sports enrichment opportunities across the school.
- ✓ Sports Leaders to work with the Herts PE Team to lead games during playtime and lunchtimes.

Summary of 2021-22 Sports Premium Review

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> ✓ Two hours of PE and sport taught throughout KS1 & KS2 ✓ Daily physical activity for all children encouraged in EYFS ✓ Year 6 participate in swimming lessons with the aim of being able to swim at least 25m by the end of KS2 ✓ Planned Cycle confidence workshops, the number of children cycling/scooting to school increased dramatically ✓ Extension of the extra-curricular provision were planned – Additional PE and Sports clubs ✓ Sports Apprentice to improve quality of teaching ✓ Sports leaders share their skills and led games and sports activities at lunchtimes. ✓ Wellbeing walks ✓ Travel ambassadors ✓ Scooter skills planned (postponed due to COVID-19) ✓ Employed lead Play leader to have impact at lunchtimes ✓ Sports week ✓ Raised £13051 for Sports charity ✓ Olympian Pierre Henry Fontaine visited school ✓ Active lunchtimes <p>Academic Year 2020-21 Sporting achievements were severely impacted by Covid-19, due to reduced attendance during Autumn 2020 and school closure through most of Spring 2021.</p>	<ul style="list-style-type: none"> ✓ Widen the range of less well known sports available to pupils during extra-curricular clubs ✓ Develop PE & physical activity in Early Years ✓ Create more opportunities for staff CPD ✓ Develop an action plan to tackle levels of obesity and a healthy lifestyle ✓ Year 6 Games-makers to be reintroduced to share their skills and lead games & sports activities at KS2 lunchtimes ✓ Widen the range of less well known sports available to pupils during extra-curricular clubs ✓ Develop PE & physical activity in Early Years ✓ Create more opportunities for staff CPD ✓ Participation of SEND pupils participating in all sports clubs needs to develop ✓ Increased pupil participation in after school clubs. Numbers were low this year ✓ More children across the school are able to participate in sporting activities and events. ✓ Improvement in the achievement in the county league tables ✓ More children to be able to swim ✓ Apply for Sainsbury's School Games Mark ✓ Complete Bikeability course for Year4, 5 & 6 children to increase road safety awareness as well as to promote use of bicycles for fun and transport ✓ Walking bus to be introduced ✓ To Participate in living streets ✓ Reintroduce of the Daily Mile

Meeting national curriculum requirements for swimming and water safety	Percentage
What percentage of your Yr 6 could swim competently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	92%
What percentage of your Yr 6 pupils could use a range of strokes effectively (for example, front crawl, backstroke & breaststroke) when they left your primary school at the end of last academic year?	92%
What percentage of your Yr 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of the last academic year?	89%
Schools can choose to use Primary PE & Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

Academic Year 2020/21	Total fund allocated: £17420 Actual Spend:	Date Updated:		
Key indicator 1: the engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 80.5%
School focus with clarity on intended impact on pupils	Actions to achieve:	Funding allocated:	Evidence & impact:	Sustainability & suggested next steps:
Enhance the opportunities given to children for daily physical activity at school	<ul style="list-style-type: none"> • Employ Sports Champion at LCP to support PE & sports during lessons & lunchtime period • Employ lead play leader at lunchtime • Allocate indoor PE sessions with LCP • Offer a range of activities at playtime & lunchtime • Purchase & maintain additional sports equipment e.g. sports equipment • PE Lead, teachers & pupils to work collaboratively to organise games (playtimes & lunchtime) • Reintroduce the 'Run a Mile' – a running activity to accumulate miles. 	£8867 £3198 £2000	<ul style="list-style-type: none"> ✓ High level of pupil engagement during the active playtimes & lunchtimes ✓ Increase in team spirit & sportsmanship amongst pupils ✓ Improved behaviour & evidence of LCP Values during playtimes & lunchtimes ✓ Increase in fitness levels of pupils during PE lessons 	Participate in similar activities in the next academic year

	<ul style="list-style-type: none"> • Inclusive Boccia lesson to be held weekly for selected SEND Pupils <ul style="list-style-type: none"> • <i>Smart Moves Programme to be delivered for targeted pupils to support motor skill development.</i> 			
Increase activity levels by promoting walking as part of a healthy lifestyle	<ul style="list-style-type: none"> • Working within London Colney Parliament to encourage walking to school <ul style="list-style-type: none"> - Travel ambassadors • Running the equivalent distance to a country • Incorporate physical education into home learning • Promote walking to school in newsletter • <i>Participate in 'Walk to School Weeks' throughout the year.</i> 	Time	✓ Children aware of the importance of physical activity as part of a healthy and active lifestyle	Continue next year..
To promote the enjoyment of cycling & basic skills to develop future road cyclists through the Bikeability programme and safer scooting	<ul style="list-style-type: none"> • All pupils in Yr 6 to complete the level 1 & 2 of schools' cycle training • Yr 3 & 4 children to complete level 1 of schools' scooter training • EYFS balance bike training • All pupils to be encouraged to cycle to & from school safely • <i>Cycling safety assemblies to be held by Year 6 Sports ambassadors termly.</i> 	Free	<ul style="list-style-type: none"> ✓ Percentage increase in number of pupils riding their bike to school ✓ Pupils confidence has improved when riding on the road ✓ Pupils understand the health & fitness benefits of cycling 	Continue next year..

Key Indicator 2: The profile of PE & sport being raised across the school as a tool for the whole school improvement				Percentage of total allocation:
				6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:

PE Steering group	<ul style="list-style-type: none"> • Sports Lead to attend half termly meetings held to discuss planned LCP sporting competitions as well as developments within PE across the school and county 	Time	<ul style="list-style-type: none"> ✓ Close working relationship with school staff ✓ Profile of PE is raised across the school 	<ul style="list-style-type: none"> ✓ PE Leader/member of headship team to monitor PE and PSHE lessons to ensure links are made. ✓ Observation of PE/PSHE lessons to ensure quality learning.
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	<ul style="list-style-type: none"> • Maintain the quality of PE plans to ensure they are relevant & support teachers 			
Improve the quality of teaching PE & sharing expertise	<ul style="list-style-type: none"> • Teacher to lead on PE curriculum developments • Maintain an active PE Working Party to promote PE & facilitate the sharing of good practice • PE Lead to support teachers through coaching & mentoring programme • Book all ECT's onto Herts specialist training courses for next academic year for dance, gymnastics, games & athletics • New assessment tool to be discussed as part of LCP steering group in the next academic year • Ensure self & peer assessment are used within lessons 	Time	<ul style="list-style-type: none"> ✓ Increased teacher confidence in the delivery of PE lessons 	<ul style="list-style-type: none"> ✓ PE Leader/member of headship team to monitor PE and PSHE lessons to ensure links are made. ✓ Observation of PE/PSHE lessons to ensure quality learning.
Raise the profile of LCP PE teachers across school & at competitions, tournaments & events	<ul style="list-style-type: none"> • PE kit for PE teachers 	£110	<ul style="list-style-type: none"> ✓ School's high standard & professionalism is valued & recognised outside of school 	Continue to invest in profile of PE
To develop children's knowledge of the links between diet & physical wellbeing	<ul style="list-style-type: none"> • Work with new PSHE Lead to establish the links to PSHE Health & Wellbeing e.g. staying healthy, exercise & fitness, being physically active, habits & self-control, positive physical & emotional health 	Curriculum development	<ul style="list-style-type: none"> ✓ Pupils recognise the links between a healthy lifestyle, physical activity & their choices ✓ Pupils recognise the importance of wellbeing to support their learning ✓ Improved attendance in school 	→ PE Leader/member of headship team to monitor PE and PSHE lessons to ensure links are made.
To ensure pupils reach the National Curriculum expectation for swimming	<ul style="list-style-type: none"> • Encourage parents to take their children swimming outside of school hours 	Time	<ul style="list-style-type: none"> ✓ All children are able to swim 25 meters 	Continue next year Continue to monitor parental involvement

by the time they leave LCP School	<ul style="list-style-type: none"> • Teach pupils the benefits of swimming for their health & fitness during curriculum time 		<ul style="list-style-type: none"> ✓ Pupils are aware of the benefits of swimming 	
Raise awareness of physical wellbeing & the link to eating habits	<ul style="list-style-type: none"> • Free school dinners for teaching staff who eat with children & advise them on food choices • Teachers to develop social skills as well as healthy lifestyle choices • Regular reminders – in the newsletter – of the requirement for healthy packed lunches daily & on school trips <p><i>Termly assemblies on healthy eating and lifestyles.</i></p>	<p>£300</p> <p>£196</p>	<ul style="list-style-type: none"> ✓ Pupils/parents to make informed choices for packed lunches ✓ Pupils are making informed choices at lunchtimes 	<p>→ Continue to fund staff members lunch while they eat with the children, in order to develop social skills as well as healthy eating choices.</p>
Develop children's knowledge of the links between diet & physical wellbeing	<ul style="list-style-type: none"> • Monitor the links to PSHE Health & Wellbeing e.g. staying healthy, exercise & fitness, Being Physically active, Habits & self-control, positive physical & emotional health • Monitor PE & PSHE lessons to ensure links are made & to ensure quality first teaching & learning • Create PE display to show excellent examples of links between diet & physical wellbeing 	Time	<ul style="list-style-type: none"> ✓ Pupils recognise the links between a healthy lifestyle, physical activity & their choices ✓ Pupils recognise the importance of wellbeing for their learning ✓ Pupils/parents to make informed choices for packed lunches 	<ul style="list-style-type: none"> ✓ PE Leader/member of headship team to monitor PE and PSHE lessons to ensure links are made. ✓ Observation of PE/PSHE lessons to ensure quality learning.
To celebrate achievement & progress in sporting skills	<ul style="list-style-type: none"> • All sporting teams are acknowledged for their engagement & participation in sporting events through assemblies & mentions in fortnightly newsletter & on the website • Whole class attendance certificates awarded each week 	Time	<ul style="list-style-type: none"> ✓ Increased opportunities for sport & PE skills to be celebrated ✓ Increased status in the importance of exercise & fitness in order to stay healthy 	<ul style="list-style-type: none"> ✓ Continue to award medals/trophies during achievement assemblies. ✓ Continue to issue class and individual attendance certificates.

	<ul style="list-style-type: none"> • 100% attendance certificates awarded to individual pupils at the end of each term 			
Train pupils to become sports leaders	<ul style="list-style-type: none"> • Recruit new cohort of Yr5 pupils to lead lunchtime games following training from County PE specialist • Purchase 'Sports Leader' bibs/tops for children to wear to instil a sense of pride & importance • Play leaders to work with PE team to organise & lead games during playtimes & lunchtimes • MPs to select Sports Leaders to run lunchtime activities & games 	£200	<ul style="list-style-type: none"> ✓ Successful pupils to have a leadership responsibility ✓ Increase in engagement of younger pupils in daily physical activity ✓ Sports Leaders are confident in working collaboratively with the PE team 	<ul style="list-style-type: none"> ✓ Continue to ensure Sports Leaders are recruited and maintained. ✓ Engage Sports Leaders in new training to develop their skills and confidence.
Promote swimming to pupils & parents	<ul style="list-style-type: none"> • Current Yr6 pupils (who have completed the school swimming programme) to speak to pupils in assembly about the benefits of swimming. Encourage parents to take their children swimming outside of school hours • Teachers to inform pupils of the benefits of swimming for their health & fitness as part of PSHE lessons 	Time	<ul style="list-style-type: none"> ✓ Increase the percentage of pupils who are able to swim 25 metres confidently 	<p>Continue to ensure all pupils are able to swim 25 meters before they leave Year 6 by buying into Furze field swimming package.</p> <p>Invest in transport where necessary</p>
Reflect the pupil voice in PE & sport	<ul style="list-style-type: none"> • Half-termly meetings with the PE lead • Sports Council badge for all members • Sports Day to include a pupil choice event 	£60	<ul style="list-style-type: none"> ✓ Pupil voice is reflected in decision making & PE events within school 	Sports champion to continue to hold meetings next year
To ensure all staff have sufficient equipment to	<ul style="list-style-type: none"> • Monitor levels of PE resources • Ensure all PE items are returned to their rightful place 	£200	<ul style="list-style-type: none"> ✓ Pupils continue to use appropriate & safe gym equipment 	<ul style="list-style-type: none"> ✓ Monitor levels of PE resources weekly to

deliver outstanding PE lessons To ensure all PE & sports equipment is safe	<ul style="list-style-type: none"> • Maintenance of gym equipment • Health & safety checks on all gym equipment 		✓ Reduction in loss & damaged sports equipment	<ul style="list-style-type: none"> ensure items are returned to shed/halls. ✓ Replenish resources where necessary.
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Key Indicator 3: Increased confidence, knowledge & skills of all staff in teaching PE & sport				Percentage of total allocation:
				6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
Provide CPD opportunities for staff and/or to maintain & develop the highest standards in physical education & school sport	<ul style="list-style-type: none"> • Create a working party to promote PE & facilitate the sharing of good practice across school • Set high expectations • Support teachers to develop confidence & good PE practice when delivering PE sessions • Clear skills progression across the school • Ensure PE requirement is taught weekly • Continue to develop PE plans • Work alongside the Local Authority PE Team to support the overall developments of teaching & learning • Facilitating sharing good practice 	Time	<ul style="list-style-type: none"> ✓ Increase confidence in teachers in the delivery of PE lessons ✓ Development of key skills across the school ✓ Professional development opportunities ✓ Skilled staff members ✓ Consistency in the delivery of PE/sports across the school 	<ul style="list-style-type: none"> ✓ Ensure that PE and sport development is included in the staff training provision map at least once a term. ✓ At least one observation of each class for PE during the academic year
PE Lead to oversee the provision of PE & sports to ensure all pupils have access to the highest of standards	<ul style="list-style-type: none"> • To provide cover in order to release PE Leader for professional development in PE/sports • Cover/admin costs incurred for PE Leader (& additional staff where necessary) for 	£1000	<ul style="list-style-type: none"> ✓ Develop confidence & leadership skills of PE Teacher ✓ Children have experience of attending professional games, competitions & tournaments 	<ul style="list-style-type: none"> ✓ PE leader to continue to attend County training courses and subject

	supporting tournaments, including weekends <ul style="list-style-type: none"> • PE Leader to attend County subject leader courses to develop knowledge & skills • PE Leader to attend LCP steering group meeting once every half term • Apply for tickets to professional sporting events • Organisation of whole school sports days • Cover for PE Lead in order to observe teaching & learning of PE across the schools • Staff training preparation • PE Leader to keep up to date with PE developments 		<ul style="list-style-type: none"> ✓ Pupils feel part of a wider community across Herts ✓ Increased confidence in teachers in the delivery of PE lessons ✓ Celebration of PE/sports across the sites & with parents during sports days ✓ Pupils are given the opportunity to experience a wide range of PE & sporting events 	leader training sessions. <ul style="list-style-type: none"> ✓ Continue to apply for tickets to professional sporting events. ✓ Continue to set up an annual school sports day involving parents. → Continue with half-termly meetings.
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Key Indicator 4: Broader experience of a range of sports & activities offered to all pupils				Percentage of total allocation:
				6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
Provide targeted support for vulnerable groups & individual to raise participation in sport, maintain healthy lifestyle & boost self esteem	<ul style="list-style-type: none"> • All pupils in Additionally Resourced Provision to integrate into mainstream class for all PE sessions • Staff to identify targeted pupil premium children to attend after school clubs • Teachers to identify SEND pupils who are not participating in PE or extra-curricular activities to engage in sports clubs 	Time	<ul style="list-style-type: none"> ✓ Participation of SEND pupils in all sports to continue to increase 	<ul style="list-style-type: none"> ✓ Teachers to monitor levels of PE and sport participation in their classes. ✓ PE Lead to review club attendance registers and target children on waiting lists who have previously not attended a club. ✓ Continue to intergrade pupils with additional needs into their class

	<ul style="list-style-type: none"> •PE Lead to review club register & target pupils on waiting lists who have previously not attended a club •Teachers to monitor levels of PE & sport participation in their classes •Investigate cost of New Age Curling equipment as an additional activity for SEND pupils •PE Lead to introduce non-participant work 	TBC – Curling Equipment		
Ensure opportunities to experience new sports are accessible to all	<ul style="list-style-type: none"> •Offer a broad range of clubs which involve PE & sport •Teachers & Learning Mentor target children within school to encourage Pupil Premium children to attend after school clubs & increase confidence & participation in sport •Girls & boys football team for Yr5 & Yr6 •Mixed tag team 	Approx. £1000 <i>(£100 per person per club for the term)</i>	<ul style="list-style-type: none"> ✓ Increase in number & range of clubs on offer for all children ✓ Pupils to have an improved attitude to sport & health with consequent improvements in fitness levels ✓ Increased pupil participation in after school clubs 	<ul style="list-style-type: none"> ✓ PE Lead to review club attendance registers and target children on waiting lists who have previously not attended a club. ✓ Continue to encourage PPG pupils

Key Indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				0.5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
Widen pupils sporting experiences including participation in competitions	<ul style="list-style-type: none"> • Increase the number of leagues, festivals, tournaments, competitions entered which are organised by the PE Team e.g. football, tag rugby • To enter a variety of competitions & festivals in Herts e.g. dance festival 	£100	<ul style="list-style-type: none"> ✓ More children across the school are able to participate in sporting activities & events ✓ Improvement in the achievement in the borough league tables 	<ul style="list-style-type: none"> ✓ As a school need to be successful in leagues, tournaments and competitions entered – need promoting ✓ Pupils have achieved individual success in

	<ul style="list-style-type: none"> • To contribute to the organisation of competitive events across the county • To participate in competitive events across Herts 			District Sports competition. ✓ PE Lead to ensure sporting skills are identified at an early stage and then pupils are coached and developed.
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Key Indicator 6: Develop PE & physical education in the Early Years				Percentage of total allocation:
				1%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
Whole school engagement in PE promoting continuous healthy active lifestyles	<ul style="list-style-type: none"> • PE Lead to plan with Nursery & Reception teacher any CPD needs in relation to Early Years PE support • Reintroduce Games Makers in KS2 to deliver a games programme to younger pupils during lunchtimes • Balance bike training offered by Cycle Confident in partnership with Herts – offer to Reception classes • Encourage knowledge sharing between Nursery & Reception staff and KS1/KS2 staff who are confident in teaching PE & sport – share good practice • Explore sport/PE clubs on offer for EYFS pupils • Nursery sports days annually 	Time	<ul style="list-style-type: none"> ✓ Increased confidence in teachers in the delivery of PE lessons ✓ Participation of EYFS pupils participating in daily activities to increase ✓ Pupils to have an improved attitude to sport & health with consequent improvement in fitness levels ✓ Percentage increase in number of pupils learning to ride a bike/balance bike ✓ Pupils confidence improved for cycling ✓ Pupils understand the health & fitness benefits of cycling 	Continue next year
Increase in daily activity time for children	<ul style="list-style-type: none"> • Balance bike training offered by Cycle Confident in partnership with Herts – offer to Reception classes • PE Lead to plan with Nursery & Reception teacher any cpd 	Time	<ul style="list-style-type: none"> ✓ Participation of EYFS pupils participating in daily activity to increase ✓ Pupils to have improved attitude to sport & health with 	Continue next year

	needs in relation to Early Years PE support		consequent improvement in fitness level	
Engage parents & carers in their child's physical development	<ul style="list-style-type: none"> • Invite parents into school to see what their child is learning & doing in PE • Purchase Fit bags for EYFS – possible 2 for each class • Nursery sports days annually – invite parents to watch 	£189	<ul style="list-style-type: none"> ✓ Parents to feel more involved/knowledgeable about daily activity ✓ Participation of EYFS pupils participating in daily activity to increase ✓ Pupils to have an improved attitude to sport & health with consequent improvement in fitness levels 	<p>Continue to invest in resources</p> <p>Continue to invite parents into school</p> <p>Continue to set up Nursery sports days annually.</p>