

Lunch Menu Summer/Autumn 2019

WEEK 1				
22 April, 13 May, 10 June, 1 July, 22 July 2 Sept, 23 Sept,....14 Oct				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Bolognaise	Lamb Flatbread	Roast Chicken with sage & onion stuffing	Burger in a Bun	Fish Fingers
Tri Colour Pasta	Rice	Roast Potato or Wholemeal Pasta	Diced Potato or Wholemeal Bread Wedge	Chips or Wholemeal Pasta
Sweet Potato Slice	Vegetarian Sausage Pasta Bake	Sage & Onion Quorn Pieces	Beany Pasta Bake	Cheese & Tomato Pizza
Tri Colour Pasta	Rice	Roast Potato or Wholemeal Pasta	Diced Potato or Wholemeal Bread Wedge	Chips or Wholemeal Pasta
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Baked Beans
Tuna Baguette	Cheese Roll	Ham Roll	Chicken Baguette	Egg Roll
Halal Beef Pasta Bolognaise	Halal Lamb Flatbread	Halal Roast Chicken	Halal Chargrilled Chicken Fillet in a Bun	Fish Fingers
WEEK 2				
29 April, 20 May, 17 June, 8 July, 9 Sept, 30 Sept, 21 Oct				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Meatballs with Gravy	Beefy Joes	Roast Pork with Apple Sauce	Chicken Pie	Fish Fillet
Savoury Rice	Potato Wedges	Roast Potato or Wholemeal Pasta	New Potato or Rice	Low Fat Chips or Wholemeal Pasta
Sticky Vegetarian Sausages	Quorn Pattie	Vegetable Lasagne	Sweet Potato Curry	Pizza Whirl
Savoury Rice	Potato Wedges	Roast Potato or Wholemeal Pasta	New Potato or Rice	Low Fat Chips or Wholemeal Pasta
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Baked Beans
Tuna Roll	Ham Roll	Chicken Baguette	Cheese Roll	Egg Baguette
Halal Battered Chicken Steak	Halal Beefy Joes	Halal Roast Chicken	Halal Chicken Pie	Fish Fillet
WEEK 3				
6 May, 3 June, 24 June, 15 July, 16 Sept, 7 Oct				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fish Goujons	Sausages with Gravy	Roast Beef with Yorkshire Pudding	Ratatouille Pork	Salmon Pinwheel
Potato Wedges or Garlic Bread	Creamed Potato	Roast Potato or Wholemeal Pasta	Diced Potato	Low Fat Chips or Wholemeal Pasta
Macaroni Cheese	Vegetarian Roll	Tomato Bolognaise	Quorn Hotdog	Cheese & Tomato Pizza
Potato Wedges or Garlic Bread	Creamed Potato	Roast Potato or Wholemeal Pasta	Diced Potato	Low Fat Chips or Wholemeal Pasta
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Baked Beans
Chicken Baguette	Tuna Roll	Ham Roll	Cheese Baguette	Egg Roll
Fish Goujons	Halal Chicken Sausages with Gravy	Halal Roast Chicken	Halal Italian Chicken	Salmon Pinwheel